

OCTOBER 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
No Hot Lunch	Italian Chicken, Oven Browned Potatoes, Green Peas, Banana, WG Bread	Beefy Meat Sauce, Rotini Pasta, Carrot Coins w/Ranch, Orange, Dinner Roll	Potato Chicken Taco, Shredded Cheese, Refried Beans, Diced Carrots, Pear, Soft Tortilla	No Hot Lunch
9	10	11	12	13
No Hot Lunch	Cheeseburger Casserole, Broccoli, Banana, WG Bread	Chicken Teriyaki Meatballs, Rice, Carrot Coins w/Ranch, Orange, Dinner Roll	Beef Sloppy Joes, French Fries, Sauteed Cabbage, Pear, WG Bun	No Hot Lunch
16	17	18	19	20
No Hot Lunch	Beef Taco, Cheese, Black Beans, Broccoli, Banana, Soft Tortilla	Mac n' Cheese, Cucumber w/Ranch, Orange, WG Bread	Chicken Fried Rice, Green Beans, Pear, Dinner Roll	No Hot Lunch
23	24	25	26	27
No Hot Lunch	Diced Chicken & Gravy, Mashed Potatoes, Broccoli, Banana, WG Bread	Mac n' Cheese, Carrot Coins w/Ranch, Orange, Dinner Roll	No School Teachers Conference	No School Teachers Conference

note: fresh fruit and veggies are subject to occasional change based on availability.